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What is Myobrace?

Myobrace® is a no-braces orthodontic approach to help straighten your teeth and jaws. Treatment addresses the poor oral habits that are the real cause of crooked teeth. More information can be found by visiting 'What is Myobrace' on this website.

How long does treatment take?

It is heavily dependent on the child's compliance to Myobrace® treatment and their biological ability to change habits as well as growth patterns. Generally, the earlier treatment is started - the higher level of success. Suggested treatment time with good compliance is generally two to three years, providing there are no other significant health concerns limiting treatment results.

Will my child still need braces after treatment?

Myobrace® pre-orthodontic treatment assists your child's teeth and jaws to grow naturally, to accommodate for all their adult teeth. Treatment is aimed at achieving natural dental alignment in harmony with the body. Braces are sometimes used at the end of treatment for a short period if perfect 'picket fence' alignment is desired.

My child doesn't have many adult teeth, is he/she too young?

The best time to start Myobrace® treatment is between 5-10 years old and therefore it is normal to only have a few adult teeth. Because Myobrace® treatment works by promoting correct facial development and jaw growth through removing bad oral habits, the best and most stable results are often achieved early while the child is still growing.

When treatment is complete, will the teeth crowd up again?

Over the course of Myobrace® treatment the practitioner will closely monitor the stability of treatment. Generally, if the myofunctional problems are corrected, the teeth will stay in their position.

Are there any harmful side effects with Myobrace treatment?

There have been no reported harmful effects with Myobrace® treatment. The appliances used are flexible and exert light intermittent forces that assist in retraining the muscles and mode of breathing.

Will treatment be painful?

No. During the first few days there may be a small amount of sensitivity. However, after the first few days of treatment, this sensitivity should cease.

For more information, see: https://myobrace.com/en-us/what-causes-crooked-teeth